

Name: _____ DOB: _____ Today's Date: _____



FIFTEEN MONTH WELL CHILD CHECK

INTERVAL HISTORY

Any changes in your family since last visit? Move Job change Divorce None Other:

Any relatives diagnosed with new medical issues since last visit? No Yes, describe:

SENSORY / BEHAVIORAL / DEVELOPMENTAL SURVEILLANCE

Are you concerned about your child's hearing? No Yes
Are you concerned about your child's speech? No Yes

Are you concerned about your child's vision? No Yes
Do your child's eyes appear unusual or seem to cross, drift, or be lazy? No Yes
Does your child hold things close when trying to see them? No Yes
Do your child's eyelids droop or does one eyelid tend to close? No Yes
Have your child's eyes ever been injured? No Yes

Any concerns about your baby's growth / learning / behavior? No Yes, describe:

Mark the tasks that your child can do:

- Tries to do what you do Drinks from a cup with very little spilling Helps out Scribbles Walks
 Brings toys to show you Listens to a story Follows simple commands Puts block in a cup
 Bends down w/o falling Says 2-3 words, like:

ANEMIA RISK ASSESSMENT

Do you ever struggle to put food on the table? No Yes
Does your child's diet include iron-rich foods such as meat, eggs, iron-fortified cereals, or beans? No Yes

ANTICIPATORY GUIDANCE:

- Show your child how to use words. Use simple, clear phrases when talking or reading to your child.
- Give your child choices. Let him/her choose between 2 good options (e.g. "do you want a banana or an apple?")
- It is normal for your child to be anxious around new people at this age. Comfort your child.
- Have bedtime at the same time every night. Early is better.
- Call Poison Help (1-800-222-1222) if you are worried your child has swallowed something bad.
- Lock away cigarettes, matches, lighters, cleaning supplies, alcohol.
- Invest in smoke alarms and carbon monoxide alarms and have an escape plan.
- During tantrums, try to distract your child with something.
- Praise good behavior Set limits and use discipline to teach and protect your child, not punish.
- Be patient with messy eating and play. Your child is learning.
- Take your child for his/her first dental appointment, if you haven't already. Brush teeth twice daily. No food after brushing at night!
- Wean from the bottle; give only water in the bottle.